



HISTORY OF ARTHRITIS / DEGENERATIVE DISC DISEASE / OSTEOPENIA / OSTEOPEROSIS

What specific bone, joint or muscular diagnosis do you have?

When was the diagnosis?

Have you had any joint repairs or replacements? If so, what joints and when?

Have you had any Physical Therapy in the past 12 months? If so, when was the last visit?

Do you have a history of intra-articular injections? If so, when was the last one and how many injections during that treatment?

Do you have a history of narcotic or steroid use? If so, when was the last use and what medication and dosage was it?

Do you have any history of falls, broken bones and/or fractures? If so, when and what kind?

Have there been any surgeries recommended and not yet completed?

Have you had any testing (such as x-ray, MRI, CT scan)? If so when, and what were the results?

Do you experience any pain, numbness, or tingling in your extremities? If so, where is it located and how severe?

Are you on any disability or experience any limitations?

Do you have any joint deformities? If so, what joints and is it mild, moderate or severe?

Continued on next page...



Have you had any history of COPD or emphysema?

For Osteoporosis or Osteopenia, what were your most recent T-scores?

Any additional concerns and/or information you can provide regarding this history?
